

## Preparing for your Radiance Ministry Session

### 1. Pray

- Pray for a closer relationship with Father God, Jesus, and Holy Spirit.
- Pray for truth to be established in your innermost being.
- Pray for Holy Spirit to break any areas of unbelief or unhealthy strongholds in your life.

### 2. Fast

- Ask the Lord what He wants you to fast. He may direct you to fast food, or to fast from an activity (such as watching TV).
- Ask the Lord when and how long to fast - you could fast one meal a day for a week, or fast an entire day, or complete a juice fast over several days. If fasting from an activity, replace that activity with prayer, meditating on the Word, and soaking in His presence.
- Do not feel guilt or condemnation if you “slip up” in some of your fast... God will honor what you are able to give Him!

### 3. Meditate on God’s Word

- Psalm 107:20: “He sent forth His Word and healed them...”
- Reflect on Isaiah 61 and other healing scriptures.

### 4. Prepare to extend forgiveness

- It is very important that you prepare your heart to forgive those who have wronged you.

### 5. Relax

- You can totally trust the Holy Spirit – He longs to bring you awesome revelation and truth!

### 6. Arrive at the Global Presence Prayer Room a half hour prior to your session.

- Be seated in the area designated for the Healing Rooms.
- You will be asked to fill out a Liability Waiver.
- Relax, and prepare to receive from the Lord.