

Forgiveness: A Key to Healing and Wholeness!

Most people do not understand what forgiveness is and have a hard time forgiving those who have deeply wounded and hurt them. They will say, "well, it wasn't fair".... "it was not right"....or "how can I forgive, they do not deserve it."

If these responses sound familiar and express how you feel, you should know that:

- forgiveness does not mean that what they did to you was right
- forgiveness does not mean that they will "get off free"
- forgiveness does not mean you give up all your rights

Unforgiveness:

- does not hurt the one who harmed you
- hurts only you
- binds YOU in a prison of torment
- blocks the fullness of God in your life

Extending forgiveness:

- allows you to step out of the way and let God have direct line to that person
- means you are relieved of the burden you have been carrying
- frees you from a prison of torment
- closes the door which allows the enemy to have access to you
- allows you to choose to give grace
- allows you to say, "I am not going to be their judge"

Forgiveness is a command from the Lord. Because Jesus freely forgave us for all of our sins, we must also freely forgive. Forgiveness is a choice, not a feeling.

Forgiveness is vital to unlocking the radiance of God within you